



PSHE – Intent, Implementation and Impact

"Love your neighbour as yourself."

Mark 12:31

Intent

At St Mark's Catholic Primary School, we believe that Personal, Social, Health and Economic (PSHE) education plays a vital role in helping children develop into confident, responsible and compassionate individuals. Rooted in our Catholic faith and values, our PSHE curriculum supports pupils in recognising their God-given worth, respecting the dignity of others and understanding their place within the wider community.

Using the **Young Citizens Primary Scheme of Work**, we provide a progressive curriculum that equips pupils with the knowledge, skills and attributes they need to navigate an ever-changing world and make informed, responsible decisions.

Our PSHE curriculum aims to:

- Support children's emotional wellbeing, resilience and mental health.
- Develop confidence, independence and self-esteem.
- Encourage pupils to build positive, respectful relationships.
- Promote an understanding of rights, responsibilities and active citizenship.
- Help children stay physically and emotionally healthy.
- Teach pupils how to keep themselves safe, both online and offline.
- Develop financial awareness and economic understanding.
- Foster respect for diversity and an appreciation of different communities and cultures.
- Promote Catholic values such as compassion, forgiveness, justice, service and respect for the dignity of every person.

Through PSHE, we seek to nurture children who understand that they are loved by God and are called to contribute positively to their school, parish and wider communities.

Implementation

PSHE is taught through the **Young Citizens Primary Scheme of Work**, which provides a structured and progressive programme of learning across all year groups.

The curriculum is organised around key themes, including:

- Health and wellbeing
- Relationships
- Living in the wider world
- Citizenship and democracy
- Rights and responsibilities
- Economic wellbeing and financial education
- Online safety and digital citizenship

Teachers:

- Deliver regular PSHE lessons using engaging, age-appropriate resources and activities.
- Create a safe and supportive environment where children feel confident sharing ideas and opinions.
- Encourage discussion, reflection and respectful debate.
- Explicitly teach vocabulary linked to personal development, wellbeing and citizenship.
- Use real-life scenarios to help pupils apply their learning to everyday situations.
- Promote British Values alongside Catholic teachings and Gospel values.
- Adapt learning to meet the needs of all pupils and ensure full participation.

PSHE is also promoted through:

- Collective Worship and Gospel reflections
- Catholic Social Teaching
- School councils and pupil leadership opportunities
- Assemblies and themed awareness days
- Relationships and Health Education (RHE)
- Cross-curricular links
- Visitors and community engagement activities

Assessment is ongoing and includes:

- Observation of discussions and participation
- Pupil reflection and self-assessment
- Questioning and informal assessment activities
- Evidence from written, verbal and practical outcomes
- Monitoring of pupils' understanding and personal development

Impact

By the time pupils leave St Mark's Catholic Primary School, they will:

- Demonstrate confidence, resilience and self-awareness.
- Understand how to maintain positive physical and mental wellbeing.
- Build and sustain respectful and healthy relationships.

- Show empathy, compassion and respect towards others.
- Understand their rights and responsibilities as members of society.
- Make informed and responsible choices about their behaviour and wellbeing.
- Contribute positively to their school and wider community.
- Understand how to stay safe in a range of situations, including online.
- Demonstrate financial awareness and an understanding of economic responsibility.
- Live out Catholic values through their actions, relationships and decision-making.

The impact of the curriculum is evidenced through:

- Positive pupil attitudes and behaviour.
- Confident pupil voice and participation.
- Strong understanding of safeguarding, wellbeing and citizenship concepts.
- Respectful relationships throughout the school community.
- Increased resilience, independence and emotional literacy.
- Assessment outcomes, pupil discussions, learning walks and monitoring activities.

As a result, pupils leave our school as compassionate, responsible and active citizens, equipped with the knowledge, skills and values needed to flourish in modern Britain while living out the teachings of Christ in their daily lives.