



Religious Education

“You are God’s masterpiece.” – Ephesians 2:10

Intent

Our Relationships, Sex and Health Education (RSHE) curriculum is rooted in the belief that every person is uniquely created in the image and likeness of God and is called to live life to the full. We aim to nurture the whole child—spiritually, morally, emotionally, socially and physically—helping pupils to develop healthy, respectful relationships and a secure understanding of their own dignity and worth.

Through a faith-filled approach, pupils are encouraged to make informed, moral decisions guided by Gospel values, Catholic Social Teaching and the teachings of the Church. We recognise parents and carers as the first educators of their children and work in close partnership with families to support each child’s development.

Implementation

RSHE is delivered through the diocesan-approved Ten:Ten programme, which provides a progressive, age-appropriate and faith-filled scheme of work that fully meets the statutory requirements for Relationships Education and Health Education while remaining faithful to the teachings of the Catholic Church.

The curriculum is carefully sequenced to enable pupils to build knowledge and understanding over time, exploring themes of personal relationships, emotional wellbeing, physical health, life cycles and personal safety through the lens of Catholic faith and values. Lessons are enriched through prayer, reflection, Scripture, discussion and opportunities to apply learning to everyday life.

Staff receive ongoing professional development to ensure high-quality delivery, and parents are actively engaged through curriculum information and access to resources, recognising their vital role as the primary educators of their children.

Each pupil has their own “Life to the full” workbook which follows them from Reception through to Year 6 and demonstrates their progression through each year group.

Impact

By the time pupils leave our school, they have a strong understanding of their God-given dignity and recognise that every person is loved unconditionally by God. They are equipped with the knowledge, skills and virtues needed to form healthy, respectful relationships, make informed and responsible choices, and care for their physical, emotional, mental and spiritual wellbeing.

Pupils demonstrate empathy, resilience, compassion and respect for others, living out Gospel values in their daily lives. They leave primary school confident, reflective and well prepared for the next stage of their education, able to contribute positively to their communities while promoting the common good and flourishing as children of God.