



PE Curriculum Overview

"Whatever you do, work at it with all your heart, as working for the Lord."
— *Colossians 3:23*

Intent

At St Mark's Catholic primary school, we aim to provide a broad, balanced and inclusive Physical Education curriculum that enables all pupils to flourish and achieve their full potential.

We are committed to delivering high-quality PE that fully supports the National Curriculum and promotes a lifelong love of physical activity. Through our curriculum, we strive to ensure that all pupils become active, competent, creative and enthusiastic participants in PE and sport.

We aim to develop and establish a range of physical, cognitive and social skills that enable pupils to participate confidently in physical activity both now and throughout their lives. Pupils are taught the importance of leading a healthy lifestyle and are equipped with the knowledge, understanding and skills needed to make positive choices about their physical and mental wellbeing.

Our PE curriculum takes a holistic approach to learning, developing not only physical competence but also social, emotional, intellectual and personal skills. Through sport and physical activity, pupils learn resilience, teamwork, respect, determination and self-belief, reflecting our school values and Catholic ethos.

Implementation

PE is taught across all year groups in line with the National Curriculum. In the Early Years Foundation Stage, learning is guided by the Statutory Framework for the EYFS and Development Matters, with a particular focus on Physical Development.

Our curriculum is delivered through the Get Set 4 PE scheme of work, which provides a progressive and comprehensive programme that meets the requirements of the National Curriculum. The scheme enables pupils to develop fundamental movement skills, physical competence and confidence through a wide range of activities and sports.

Lessons are carefully sequenced to build upon prior learning and provide appropriate challenge for all pupils. Pupils are encouraged to work towards and exceed age-related expectations through opportunities to develop knowledge, skills and understanding across a variety of physical activities.

Knowledge organisers and subject-specific vocabulary are used to deepen understanding and support pupils in making connections across units of learning. Teachers use ongoing assessment to inform planning and ensure that all pupils make progress from their starting points.

Impact

The impact of our PE curriculum is measured through a range of assessment and monitoring strategies.

Teachers assess pupils at the end of each unit and track progress throughout the year. Pupils regularly engage in self- and peer-assessment, enabling them to reflect on their learning, recognise successes and identify next steps. Where appropriate, pre- and post-unit assessments are used to demonstrate progress and measure the impact of teaching and learning.

Monitoring activities, including lesson observations, learning walks, planning scrutiny and pupil voice, provide valuable information about the effectiveness of the curriculum and inform future development.

As a result of our PE curriculum, pupils leave our school as physically literate individuals who are confident, resilient and motivated to participate in physical activity. They understand the importance of maintaining a healthy lifestyle, demonstrate positive attitudes towards sport and exercise, and are well prepared to continue their physical education journey in secondary school and beyond.